# Chicopee Register

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**By Dalton Zbierski** *Staff Writer* 

Last Monday evening, an unsuspecting Chicopee educator walked through the doors of the Friendly's Restaurant on Memorial Drive anticipating a quiet dinner. Upon entering the dining area, she instead came across a surprise celebration, one that was dedicated specifically to her.

Paula Lamarre, a second grade teacher at Fairview Memorial Elementary School, was honored by the restaurant March 2 for her longtime commitment to the school district. Lamarre and 20 friends were awarded with free meals as part of Friendly's "Deliciously Celebrated" initiative.

"This is truly, truly overwhelming. I expected a small dinner with free ice cream," said Lamarre. "This is what we want to do; we want to promote the great things that happen in Chicopee, and what a way to do it. I'm very humbled and grateful for this."

Lamarre was nominated for the recognition by her close friend and fellow educator, Tina Russo. Russo spent a number of years alongside Lamarre on the Chicopee Citywide PTO; Lamarre currently

serves as the group's scholar-ship chairperson.

When Russo learned of the restaurant's campaign, she could think of no better nominee than Lamarre and wasted no time submitting an application.

"Paula was the first person who popped into my mind because Paula just does; when we

See **TEACHER** page 4



# City seeks to honor Vietnam vets

See Page 3



Springing ahead in Daylight
Saving Time

See Page 6



**SPORTS** 

# Pacers punch ticket back to D2 final

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#### EDUCATION

# CPS bringing healthier meals to students

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#### **COMMUNITY**

# Police extinguish fire in fundraising duel

'Battle of the Badges' raises funds, camaraderie in the city

**By Dalton Zbierski**Staff Writer

New year, same result; that was the story of last weekend's Battle of the Badges hockey exhibition at Fitzpatrick Arena in Holyoke. Members of the Chicopee Police Department handily defeated a squad from the Fire Department by a final score of 8-2.

More importantly, the event raised \$10,000, half of which will be distributed to the Boys & Girls Club of Chicopee. The remaining funds are to be split between a scholarship fund benefiting local high

school students and the family of Anthony Spano, a Chicopee firefighter who passed unexpectedly in 2017.

Hundreds of spectators bought tickets to attend the much-anticipated duel between the city's safety officials on March 7. While the Fire Department kept it respectable for much of the match, the police prevailed for the fourth consecutive year and remain undefeated in the annual scrimmage.

"It's a great community event to highlight what's best about our city, and that's the people in our city," said Ward 1 City Councilor Joel McAullife, who commentated for ChicopeeTV.

The city's public access television studio broadcast the game live on television and



The Chicopee Police and Fire departments face off during the annual "Battle of the Badges" fundraiser at Holyoke's Fitzpatrick Arena. The Police Department took the victory 8-2.

online, allowing Chicopee residents to enjoy the action from home. McAuliffe applauded the safety officials who, over the

course of three periods, left everything they had out on the ice.

See **BADGES** page 2

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## IN THE CITY

#### **BADGES** from page 1

"The Fire and Police departments go out and serve everyday on the front lines, but they also do a lot in the community to help people. That's what they're doing today by raising money. It's another way that they give back, and we're very grateful," he said.

Mayor John Vieau took in the exhibition for the first time in his current capacity and commended the character of each individual who helped organize the initiative.

Vieau noted that the match presented members of each department with a unique opportunity to bond. He added that the commitment to building inter-departmental relationships is and will continue to be extremely resourceful.

"When you're out there in the real world in a real life experience, you have to have each others' backs and believe in each other. I think that this builds that positive bond between two really essential departments in the city of Chicopee," said Vieau.

As a result of this year's Battle of the Badges, the Boys & Girls Club will gain \$5,000. Executive Director Jason Reed



Clara Lambert, 11, helps raise money and awareness for Lorraine's Soup Kitchen and Pantry.

considered the evening to be "fantastic" and spoke further about the importance of funding the club's versatile slate of program-

ming.
"Our kids' interests and needs change constantly so we always try to evolve our program based off of whatever our kids need. Funding from events like this enable us do to do that and have a staff in place that is able to serve the needs of our kids," said

Vieau was ecstatic that the club benefited from the charitable event. He detailed his personal connection with the facility on Meadow Street.

"I couldn't think of a better charity; I grew up down there. I'm a club kid, and it's something near and dear to my heart. I wouldn't have missed this



Boys & Girls Club of Chicopee Executive Director Jason Reed (left) and Lynn Morrissette, director of marketing and development, pose with the mascot of the Chicopee Police Department.

for the world; I'm not a mayor today," said Vieau.

By witnessing "sportsmanship and teamwork," Reed believes that the chil-

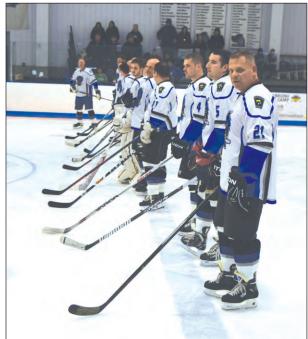


Above: Members of the Fire Department team gather at center ice for opening ceremonies at the annual "Battle of the Badges" ice hockey fundraiser March 7 at Holyoke's Fitzpatrick Arena.

dren and teenagers on-hand were positively impacted as a result of watching last Saturday's competition.

Reed credited the city's safety officials, many of whom are former club kids, for maintaining a steady presence within the organization.

"It's awesome to see them come back. It's great because we get to see what the club is able to produce. We can tell our members that they can be a police officer, a firefighter or whatever you want to be,"



The Police Department team gathers for opening ceremonies at the annual "Battle of the Badges" fundraiser March 7. The Police won the friendly game 8-2, while the game took in \$10,000 for various community causes.





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# Senior center to host Vietnam memorial dinner March 30

**By Dalton Zbierski** *Staff Writer* 

To honor all of the veterans who served during the Vietnam Era, the Chicopee Veterans Services Office has partnered with the Friends of the Chicopee Senior Center organizing a memorial dinner to be held at the senior center later this month.

The March 30 initiative will pay tribute to veterans and the families of veterans who served between July 1, 1958 and April 1, 1975, noted Friends President Al Picard. Chicopee's Director of Veterans Services Stephanie Shaw hopes that the event offers veterans the "welcome home acknowledgement" that they may not have received upon returning home from the Vietnam conflict.

"Chicopee has over 2,000 Vietnam era veterans," said Shaw. "If we can get 200 people, it would be mind-blowing. It'd give those who represent the veterans and surviving families the delegation to

say, on behalf of its constituents, 'Welcome home; thank you for your service and sacrifice.' I think it will be very powerful'

Picard is optimistic that many of the veterans who attend the upcoming event will discover a resource that they may have been previously unfamiliar with. The RiverMills Center is a state-of-the-art facility; one that most Vietnam veterans are eligible to join.

"We hope that this will bring in new veterans to walk through the door and see what this facility can offer and possibly lead to the expansion of some of these programs," said Picard. "If we can show what we do here and the quality of work that's produced in partnership with the VSO, then we should be able to offer some expanded offerings here for veterans."

Representatives of the Friends, the VSO, VFW, American Legion Post 275 and Vietnam Veterans of America Chapter 111 will all contribute to the memorial aspect of the service that will remember

the 15 Chicopee soldiers who were killed during the conflict.

Organizers have sent invitations to officials at both City Hall and the Westover Air Reserve Base. Shaw explained the importance to opening the gathering up to all those affected by the Vietnam conflict.

"We have siblings, nieces, nephews, children of Vietnam veterans still living in Chicopee, and we wanted something to be very open to the public and very inclusive," she said before shifting focus to the senior center. "We thought that this venue was a really great place, plus it gives us the opportunity to bring in veterans who qualify for the services here who may not have ever taken advantage of them."

Picard considers the partnership between the Friends, the Council on Aging and the VSO to be a "beautiful, natural fit," and one that he hopes stays "fused." Picard was stationed in Seoul, South Korea during the conflict and considers the upcoming event to be personally meaningful.

"There were two of the 15 veterans from Chicopee who were killed that I was very friendly with; they did not come back," he said. "I identified strongly with the Vietnam vets because I felt their pain in how many of them faced just completely negative comments about their service."

Today, in the city of Chicopee, residents not only acknowledge Vietnam veterans, they hold them in high regard. Their sacrifices deserve to be recognized, a point that the upcoming event will aim to drive home.

"I think we're all very grateful that we've changed our ways, but the emotional, social and mental health wounds that were inflicted back then based on how we treated those who served then and did what they were asked to do, those are still healing," said Shaw.

The RiverMills Center is located at 5 W. Main St. The event will feature acoustic music and be catered by Collegian Court.

# Mayor Vieau among celebrity servers for Boy Scouts benefit

Celebrity bartenders will serve customers Wednesday, March 18 from 5:30 to 8:30 p.m. at the Student Prince Restaurant in Springfield to celebrate the beginning of spring and benefit the Western Massachusetts Council of the Boy Scouts. Free valet parking is available.

Opening celebrity bartenders are Chicopee Mayor John Vieau, West Springfield Mayor Will Reichelt and Springfield Fire Commissioner BJ Calvi. Nine other community leaders from business and education will be taking turns behind the bar throughout the evening.

"This is a tremendous opportunity to help bring Scouting to more youth in Western Massachusetts" said Jeff Glaze, president of the Western Massachusetts Council of the Boy Scouts of America. "The values-based programs offered through Scouting will make an impact in the lives of the youth we serve, and the values learned in Scouting last a lifetime"

The event is free to attend and 100 percent of the tips the servers receive will support the Western Massachusetts Council. A dinner menu with four special meals is being offered, with \$50 of the \$75 purchase also going to the Council.

A complete list of celebrity bartenders and how to tip a favorite celebrity online is on the Council's website, www. wmascouting.org/server2020.

The Western Massachusetts Council, BSA serves 6000 youth offering programs for girls and boys from kindergarten to 21 years old.

# Registration underway for annual Easter Egg Hunt at Szot Park

All are invited to the Parks and Recreation's Department's annual Easter Egg Hunt to take place Saturday, April 11 at Upper Szot Park.

Check in begins at 11 a.m. followed by festivities including the "Bunny Feet" contest and the hunt, which is organized by age group. Ages 3-years-old and younger start at roughly 11:40 a.m., followed by ages 4-7 and then ages 8-10. Colored eggs will be scattered along the field, filled with candy or prize tickets. Each child will hunt to collect 10 eggs.

Following the hunt, a special appear-

ance will be made by the Easter Bunny, where families may take pictures and meet with their furry friend. Refreshments, snacks and balloons will be available.

The event is limited to the first 275 participants and advance registration is required. The cost is \$5 for Chicopee residents and \$7 for non-residents. Registration ends Thursday, April 9 at 5 p.m. Registration may be done at the Parks and Rec Office at 687 Front St.

For more information, contact the Parks and Rec Office at 594-3481.

# Big Y helps 'sack hunger' with donations

SPRINGFIELD – As part of the 10th annual "Sack Hunger/Care to Share" program, Big Y helped to deliver more than 20,000 bags of food to local recipients during the campaign that typically runs through November and December each year.

Since its inception, the family-owned supermarket chain with a store in Chicopee has delivered more than 175,000 bags to food banks within its service area, including the Food Bank of Western Massachusetts.

In addition to the Sack Hunger/Care to Share program, Big Y donates to local

food banks six days a week, including meat and fresh produce, bakery, non-perishable grocery products, frozen food and dairy.

"We are proud to partner with our local food banks every day of the week," Charles D'Amour, Big Y president and CEO, said. "During the holiday season, our Sack Hunger program really makes it easy for our customers to provide nutritious, non-perishable staple food to those less fortunate within our community. We are grateful to our customers who help support our friends and neighbors in need."

# Library to host reception for NAMI Art Show that runs through April

The National Alliance on Mental Illness of Western Massachusetts will hold an opening reception for its ninth Annual Art Show, featuring the work of artists living with mental health conditions, Wednesday, April 1 from 6 to 8 p.m. at the Chicopee Public Library, 449 Front St.

The art show will feature works for sale to the public, with proceeds going to the artists. Complimentary refreshments will be served and all are welcome to this special event. The exhibit runs through the end of April.

"Art for the Mind" art show is a ven-

ue for artists with lived experience with mental illness to have a showcase for their work. It is an opportunity to educate about the lives, creativity and abilities of individuals in the community who are affected by this often stigmatized illness.

The National Alliance on Mental Illness of Western Massachusetts is dedicated to helping improve the quality of life for individuals and families affected by mental health conditions through support, education and advocacy. According to statistics, 1 in 5 Americans will face mental health problems every year.

# St. Stan's School to hold silent auction

St. Stanislaus School announced a Silent/Live Auction will take place Saturday, March 14 from 5 to 8 p.m. in school, 534 Front St.

More than 200 items will be available for folks to bid on, including Boston red Sox tickets, a 55-inch TV, an American Girl Doll, and others. At-

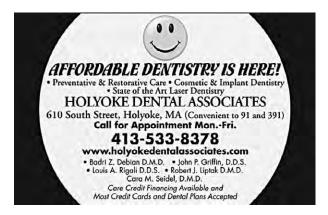
tendants may also participate in Teacup, 50/50 and Lottery Tree raffles. All proceeds will support the school.

Cost is \$5 and in addition to the raffles and auctions, guests may purchase food from the Polish-American kitchen.

For more information, call 592-5135.

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#### Consumer **Protection Week**

The Council on Aging will host the Springfield Mayor's Office of Consumer Information Friday, March 6 at 10 a.m. at Chicopee Council on Aging's RiverMills Center, 5 West Main St.

The Office of Consumer Information is a Local Consumer program funded by the Massachusetts Office of the Attorney General. Representatives will be available to answer any consumer related questions or concerns.

#### Census 2020

The Council on Aging will host Zoraia De Jesus Barros, a federal Census specialist Monday, March 9 at 10 a.m. at RiverMills.

This information session will highlight why the Census is important, how citizens may receive help completing it online, and how one may become a paid Census worker.

#### Celtic Celebration

The Council on Aging will host Davis Bates for "A Celtic Celebration" Tuesday, March 10 at 1 p.m. at RiverMills, 5 West Main St.

Bates, an award-winning storyteller, will present "A Celtic Celebration: Songs and Stories for the Season." This program will involve audience participation in a variety of cultural traditions, which will include traditional songs from Ireland, Scotland and Wales, and stories. Light refreshments will be served.

Register in advance at RiverMills Center or by calling 534-3698.

This performance is funded in part by a grant from the Chicopee Cultural Council, a local agency supported by the Massachusetts Cultural Council, a state agency.

# milling about at RIVEŘMILLS

#### **Red Cross Ready** for Seniors

The Council on Aging will offer the program "Red Cross Ready for Seniors" Thursday, March 12 10 a.m. at RiverMills.

Representatives from the American Red Cross of Massachusetts will visit RiverMills Center to present a program that focuses on disaster preparedness and safety. Although this is a free event, registration is required at RiverMills Center or by calling 534-3698.

#### **AARP Homefit**

The Council on Aging will offer an AARP HomeFit Program Monday, March 16 at 10 a.m. at RiverMills Center, 5 West Main St.

Dr. Joan Simmons, professor of occupational therapy at Springfield College, will present this program, which will discuss ideas that can help improve safety in the home and decrease one's risk of falls. Although this is a free event, advance registration is required and may be done at RiverMills Center or by calling 534-3698.

#### **Check Your Meds Day**

The Council on Aging will host Louis & Clark Pharmacy for the program titled, "Check Your Meds Day" Wednesday, March 18 at 10 a.m. at RiverMills.

A pharmacist from Louis & Clark Pharmacy will visit the center to go over any medications folks may have questions about. Although this is a free event, registration is required, and may done at RiverMills Center.

#### **Medication and Safe Disposal Program**

The Council on Aging will offer a Medication Safety Disposal Program Wednesday, March 25 at 10 a.m. at Riv-

Commonwealth Care Alliance will visit RiverMills to discuss safe ways to dispose of prescription medications and why it is important. A pharmacist will be available to answer questions, as well as a representative from the Hampden County District Attorney's Office. The Chicopee Police Department will also be on hand if you would like to dispose of any medications appropriately.

While free, advance registration is requested and may done at RiverMills or by calling 534-3698.

#### **Red Sox Opening Day**

The Council on Aging will host a Red Sox opening day celebration Thursday, March 26 at 1 p.m. at RiverMills.

All are encouraged to help RiverMills celebrate the opening of the 2020 Boston Red Sox season. Enjoy a hot dog, popcorn and an ice cold drink. This event is sponsored in part by The Arbors Assisted Living.

#### Friends seeks president

The Friends of Chicopee Senior Citizen's Inc. is looking for a new president and recording and corresponding secretaries. Installation of newly elected officers shall take place at the June 12 meeting.

The Friends is a nonprofit organization dedicated to helping the city's older adults. The Friends are a main funding source for RiverMills and the Council on Aging. The Friends meet the second Friday of every month at 10 a.m. where fundraising and progress is discussed.

For more information about becoming a member of the Friends or to learn more about the open positions contact Friends Vice President Steve Michalik at 413-532-3544.

#### Therapeutic Foot Massage

The Council on Aging offers Therapeutic Foot Massages on the fourth Monday of each month beginning starting at 9:30 a.m. at Chicopee Council on Aging's RiverMills Center, 5 West Main St.

Licensed Massage Therapist Debee Boulanger of Abundant Wellness will be offering these foot massages. Choose from either CBD or an essential oil blend. The cost is \$40 for a 30 minute massage. Folks must register in advance at RiverMills. Upon registration, participants must fill out an intake form which allows Boulanger to maximize the effectiveness and safety of her services.

#### Yoga

The Council on Aging offers three yoga classes during the week. Chair Yoga is offered every Wednesday beginning at 2 p.m. and is led by Deborah Beiermeister. Monday Morning Yoga is offered every Monday starting at 11 a.m. and is led by Caitlin Lavin. Thursday Afternoon Yoga is offered every Thursday at 3 p.m. and is led by Deborah Beiermeister.

Additionally, the COA and Chicopee Parks and Recreation Department are offering yoga every Tuesday night from 5:45 to 6:45 p.m.

All yoga classes cost \$3 and River-Mills Center, located at 5 West Main St. Call 534-3698 for registration and more information.

#### **Buried in Treasure**

The Council on Aging will host the "Buried in Treasures" support group on the second and fourth Wednesday of every month from 10 to 11:30 a.m. at RiverMills Center, 5 West Main St. This is a support group about the compulsive acquiring, saving and hoarding of objects, and people having trouble managing their possessions. To register or for more information, call 534-3698.

#### **Facials**

The Council on Aging now offers facials by licensed esthetician Diane Neill the second Wednesday of the month starting at 8:30 a.m. Neill will offer facials on the first and second Wednesday of the month at RiverMills Center, 5 West Main St. Facials start at \$30. Registration is required by calling 534-3698 or by stopping by RiverMills.

#### **Massage Therapy**

The Council on Aging now offers chair massages every Thursday and every other Friday at RiverMills Center. Chair massages are given by licensed massage therapist Michelle Zemba of Abundant Wellness. Sessions are designed to relieve stress and pain. Cost is \$15 for a 15-minute session. Registration is required by calling 534-3698 or stopping by River-Mills Center.

# 10 11 13 16 18 35 38 39

#### **CLUES ACROSS**

- 1. A team's best pitcher
- 4. Designer Jacobs 8. Hip joint
- 10. A dialect of English Portrays
- 12. Panic 13. The head of a
- 15. High priest 16. League of
- Legends locale 17. Protective folds 18. Treats allergies
- 21. Voodoo spirits 22. Single unit
- 23. Unit of measurement
- 24. Brew 25. Burundian franc

- 26. Self
- 27. Bengals great 34. Making letters overlap
- 35. Piece of pizza 36. Illegal drug 37. Card game
- 38. The highest point in the development
- 39. Oh, God! 40. Wives (law) 41. Monetary unit of 10. Path Samoa
- 42. Supplements with difficulty 43. Valentine's Day color
- **CLUES DOWN** 1. Warm climate
  - tree or shrub

- 2. Silky case spun by larvae
- 3. Still in existence 4. Light, twostranded rope
- 5. Wear away 6. Beginnings 7. Essence 9. American
- Standard Code for Information Interchange
- 12. Repeated tones 14. Expresses surprise
- 15. Monetary unit of Burma 17. When you hope
- to get there 19. Brighten 20. Fifth note of a

- major scale 23. Dark brown timbers of tropical trees 24. We all do it
- 25. Scrounges 26. Unit of energy 27. Begin to be 28. Midway
- between northeast and east
- 29. Distinctive practice 30. Succulent plants
- 31. Performer 32. Gas station term 33. Required 34. Soviet monetary
- 36. Eating house

#### **CROSSWORD SOLUTION ON PAGE 7**

#### **TEACHER** from page 1

need help with the scholarship, Paula just does. Without Paula, it would never get done; she volunteers for so many things. When someone is like that, they should be recognized," said Russo.

Tracy Oleksiw, general manager of the Chicopee restaurant, described the initiative as being an "Act of Friendliness." She explained how one can nominate a difference-maker for similar recognition.

"Right now, Friendly's as a company is encouraging guests to go out and nominate members of the community who they feel have done something extra special," said Oleksiw. "It could be a teacher, police officer, a volunteer at a homeless shelter or anyone who goes out and makes a difference in the community."

For Lamarre, the evening was one to remember. Surrounded by family and friends in a restaurant that she enjoys, Lamarre couldn't help but speak on the mission at hand. She credited all of Chicopee's teachers, maintaining her focus on the PTO's fundraising efforts.

"Teachers are asked to do so much more than we ever were before. There's so many more academic [needs], and the PTO helps get the kids those special extra things that they need. The monetary support that the schools don't have, the PTOs are able to give it," said Lamarre.

From "K through 12," Lamarre believes that the district's parents and teachers have made a "world of difference" during the recent budget crisis. Lamarre also thanked the restaurant for throwing a celebration in her name.

"I don't think that I've done anything more than any other parents or teachers in the district. To get this honor and reward is simply incredible," she said. "For them to be so supportive of what they people in the community do, it just show's what a great community partner Friendly's is. It's so touching, and I'm really humbled that they took the time to do this for us."



#### **Lifeguard Training Class**

The Parks and Recreation Department is holding American Red Cross lifeguard certification classes at the Chicopee Comprehensive High School Pool on Saturdays, March 21, 28 and at the Chicopee High School Pool on April 4. Classes will be held from 10 a.m. to 4 p.m. Participants must attend all three classes.

The cost is \$295 per person. This course will include certification in Lifeguard Training, CPR/AED (Automated External Defibrillator) and Community First Aid. Participants must be 16 years of age on or before the end of the course. Anyone who wishes to get re-certified, a class will take place Saturday, March 28 from 10 a.m. to 4 p.m. at the Chicopee Comp Pool. The cost is \$210 per person.

All participants must take a pre-skills test on the first day of class to be officially enrolled in the course. Register and pay at the Parks Dept.

#### Tang Soo Do

The Chicopee Parks and Recreation Department is offering classes in Tang Soo Do, a Korean martial art. Come meet with Instructor Master Jeffrey Bulissa, a fourth degree Black Belt in Tang Soo Do and learn about self-defense, confidence and physical fitness. Classes will be held on Monday and Wednesday eve-

The following classes are being offered Little Dragons (ages 5 to 6): 6 to 6:30 p.m., Gups Beginners (ages 7 and up): 6:30 to 7:30 p.m. and Gups (Advanced) (ages 7 and up): 7:30 to 8:30 p.m. Each session consists of eight classes that run now through March 25.

Cost is \$40/Little Dragons \$50/Gups Beginner and Advanced. All classes are held at Chicopee Parks and Recreation Dept. Registration for program at the Chicopee Parks Department 687 Front St.

#### **OPEE Summer Adventures Staff Applications**

The Chicopee Parks and Recreation Department is now accepting applications for counselor positions for the OPEE Summer Adventures program. Counsel-

ors must be at least 18-years-old or 17 if they have gone through OPEE's LIT program. The summer day program, held at Fairview Elementary School, will run seven weeks this year from June 29-Aug. 14. Staff applications may be obtained at the 687 Front St. office. For more information, contact Dan at dwoodill@ chicopeema.gov.

#### **Open Swim Program**

The Parks Department will hold an Open Swim at the Chicopee High School Pool on Sundays from 12:30 to 2:30 p.m. now through March 8 at a cost of \$3 per person. The program is open to residents only and positive identification is required at the door. All children 18-years-of-age and younger must be accompanied by an adult. Children who have not been toilet trained must have swim diapers. For more information, call the Parks and Recreation Department at 594-3481.

#### **Houston Astros vs. Boston Red Sox**

Chicopee Parks and Recreation, in collaboration with The Travel Group, announce a trip on Friday, May 22 to see the Boston Red Sox play the Houston Astros at Fenway Park for a 7:10 p.m. game.

The package includes: roundtrip coach transportation and reserved seats in the infield grandstand (section 11, rows 11-15).

Cost is \$139 per person, and the deadline to register is Friday, April 3. There are a limited number of only 20 seats available for the trip. The bus will depart from Szot Park at a time to be determined.

To register, visit the Chicopee Parks and Recreation Department at 687 Front St. For information, call 594-3481.

#### Boston Red Sox vs. Chicago Cubs

The Chicopee Parks and Recreation, in collaboration with The Travel Group, would like to announce a four-day getaway trip (June 18-21, 2020) to see the Boston Red Sox take on the Chicago Cubs for two games at Wrigley Field.

The trip includes: roundtrip air from Hartford to Chicago, Illinois, three nights at the Hampton Inn that includes breakfast, reserved tickets for two baseball games, a guided bus tour of Chicago and Navy Pier, and hotel room taxes.

Cost for the trip is \$1,299 (each) for a double, \$1,249 for a triple, and \$1,499 for single occupancy. A \$300 deposit is due at sign up, with full payment due by April 15, 2020.

To sign up, visit the Chicopee Parks Department, 687 Front St. For more information, call 594-3481.

# ON THE SHELF



# CHICOPEE PUBLIC LIBRARY

The following is the program list for the Chicopee Public Library, 449 Front St. For more information or to register for programs, call 594-1800,

#### FOR CHILDREN AND FAMILIES

#### **Youth Chess Club**

Mondays in March – 4 p.m.

Children of all ability levels are invited to the library to participate in the Youth Chess Club offered throughout the month of March on Monday evenings at 4 p.m. Learn the game or develop strategy with instructor Andy Morris-Friedman. Children younger than 9 years old must be accompanied by an adult. Call 413-594-1800, ext. 4, for more information.

## Scholarship application deadline approaching

WESTFIELD - The Horace Smith Fund, now in its 122nd year, has scholarship and fellowship money available for residents of Hampden County graduating from eligible public and private high schools. Scholarship awards of \$12,000 are distributed as \$3,000 annually and renewable each year until graduation. Fellowship awards of \$15,000 are distributed as \$5,000 annually and renewable for two additional years. All recipients must maintain a minimum GPA of 3.0 each semester.

Recipients are selected on a variety of criteria, including merit, financial need, recommendations and community involvement. Of greatest importance is the applicant's personal written account of why they feel deserving of the award. All recipients must be fulltime students and residents of Hampden County.

At last year's Awards Night Ceremony, The Horace Smith Fund awarded \$411,000 in the form of 28 Scholarships and five Fellowships.

Completed applications must be received either electronically or be mailed to The Horace Smith Fund at 16 Union Ave., Ste. 2K, Westfield, MA 01085, no later than March 15. Applications are available at high school guidance offices, college financial aid offices, online at www.Horace-SmithFund.org or by calling 413-739-4222.

# FACES AND PLACES

## Elms names fall 2019 **Dean's List students**

The College of Our Richard Elmer, Casandra Lady of the Elms recently Feen, Taylor Fontaine, Naits Dean's List for the fall 2019 semester of the 2019-2020 academic year. To qualify, a fulltime student must earn a GPA of 3.50 or higher, without incompletes.

From Chicopee are Stacy Bessonette, Rose-Costello, Jillian mary Coulter, Gena Cram, Brendan Curley, Caitlin Donnelly, Jessica Dow, Pedro Duarte, Summer Dwight, tanya Furgal, Ashley Girouard, Victoria Guay, Kayla Harrison, Aleksandra Kagan, Natalya Kaletin, Brianna Kardisco, Mikayla Kenneson, Matthew Kisiel, Kimberly Kolek, Amanda Labonte, Hannah Lafleur, Elizabeth Lolos, Alaysha Marty, Kacie O'Connell, Usman Safeer, Noah Salmon, Megan Senecal, Amy Sliwa, Madison Tighe and Miguel Vazquez.

# Chicopee students named to Dean's List at RIT

ROCHESTER, N.Y. Rochester Institute of Technology recently named its Dean's List for

the fall 2019 semester. From Chicopee are Patrick Byrnes and Natasha

## Scholarship available through Ad Club

SPRINGFIELD – The Advertising Club of Western Massachusetts Scholarship Committee announces scholarship applications are now available online at adclubwm.org.

Applications also be available through guidance department at high schools in Hampden, Hampshire and Franklin counties, or by contacting the Ad Club at 413-342-

Western Massachusetts seniors who plan to attend an accredited college or technical school to study advertising communications, marketing or graphic arts and will be attending in Septem-

ber 2020 are encouraged to apply. The scholarship must be applied against tuition and fees at the school. Candidates will be judged on academic performance, extracurricular activities, community service and/or work experience, a demonstrated interest in advertising, communications, marketing or graphic design, personal recommendations, and a letter of introduction outlining future plans.

In 2020, one \$1,000 scholarship will be awarded. Completed applications and all support materials must be submitted to the Ad Club and postmarked by Friday, March 31.

Community Newspaper

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# STAFF WRITER

Turley Publications is seeking an energetic person to fill the position of staff writer for two of its weekly publications: the Ware River News, which covers Ware, Hardwick and Warren, and the Ouaboag Current, which covers the Brookfields, Sturbridge and New Braintree This full-time position is based in our Ware office at 80 Main St. The successful candidate will have strong community journalism skills or the enthusiasm to develop them.

The staff writer will cover municipal meetings, features and general news; essentially everything that unfolds in small towns. Assignments will be for both newspapers as well as other companywide publications.

#### Qualifications should include:

- · Bachelor's degree or equivalent experience
- Own camera and photography experience preferred
- Enthusiasm for community journalism
- Ability to write clean copy in a fast-paced environment

Please email resume and three writing samples directly to Eileen Kennedy Managing Editor at ekennedy@turley.com.



**EDITORIAL** 

# Be thankful for volunteers

magine a world with no volunteers. What kind of impact would that have on our towns, our libraries, our schools and our places of worship?

Volunteers serve to fill an important place in every community.

According to the Corporation for National and Community Service, in 2018, the most recent year for which full statistics are available, 77.4 million people served 6.9 billion hours. That's an estimated value of \$167 billion, based on the Independent Sector's estimate of the average value of a volunteer

Overall, in Massachusetts, there were more than 1.8 million volunteers contributing 141.3 million hours of service for a value of \$3.4 billion. A total of 58 percent of residents donate \$25 or more to charities. While these numbers are good, only 36 percent of Massachusetts residents volunteer, ranking the state 25th among the 50 states and Washington, D.C., so there is plenty of room for improvement.

Still, those statistics show how big of an impact volunteers have on the health and wellbeing of communities locally and across the country.

They tell an important story about how citizens can make a difference in their communities," information from the corporation

"That's why we are calling on Americans to volunteer in their communities, and to invite their friends and families to join."

Volunteers deliver critical services as well as help keep our neighborhoods, parks, rivers and green spaces clean and safe for everyone to enjoy. They also serve an important role in the lives of young people, tutoring, teaching, mentoring and coaching them in a variety of roles.

Our four-legged friends are also greatly served by volunteers, who help with adoptions, rescues, animal shelters and wildlife rehabilitation. Public health is an area dependent on volunteers; doctors and nurses dedicate their time and knowledge to the community.

The rich arts and cultural aspect of the Val¬ley is supported by volunteers, who lead tours at museums and historical societies, take tickets at performing arts events, and coordinate festivals and concerts.

Each and every resident likely interacts with a volunteer at least once a day, so not only should everyone be thankful for their time and efforts, but all residents should also consider a way in which he or she can give back to their community.

The benefits of volunteering are bountiful, learning new skills, connecting with new people and possibly even advancing one's career through an expanded network.

The only requirements are passion and a positive attitude, so consider giving back to the community in an easy and impactful way: volunteer.

#### **BUSINESS**

Turley Publications is liberal with regard to its business coverage polices, but we do have some standards folks need to understand. First, local businesses and merchants are just as much institutions in our towns as the library and schools. Without them, there are no towns

We will feature coverage of local businesses that are new, have a major expansion, moving, closing, under new management or ownership, celebrating a milestone anniversary, or have been thrust into the news realm. Merchants can request that coverage through the editor, or for our existing advertising clients, through their ad representatives.

For more information on business coverage for The Chicopee Register, please email chicopeeregister@turley.com

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#### **GUEST COLUMN**



# Springing ahead in Daylight Saving Time

Time arrived early last Sunday morning, it was protocol to put our clocks ahead one hour. Did you really "Spring ahead?"

During this 2020 Leap Year, especially with that extra day added to the natural calendar, did you jump for joy about the time change? Or, like many of us, did the next morning find you measuring out extra scoops of coffee grounds into the morning-blend brew maker? (And, then, of course, you added several scoops of an energy-burst sweetener, instead of using one teaspoon.)

One wonders if across our earth's Northern Hemisphere gazillions of clock changers climbed their walls in an hourly exercise? Were they able to run, like clock-

hen Daylight Saving work — from room to room pushing all time-measuring instruments one hour ahead? Sometimes, changing clocks, in a home, a school, a business, in a timely manner doesn't always happen.

> We can only imagine the conversations after losing an hour's sleep. Or, do we have to imagine?

'Our days aren't long enough. Why take an hour away?" overheard at breakfast time Mumble Grumbles.

"I'm not late for school. The car clock's wrong."

It's not Monday morning already — is it?"

"What's the REAL time?" "Daylight Savings Time-Why are they saving it, and where do they keep it?" proclaimed by Mr. Anonymous.

"Spring Ahead" is a mnemonic phrase that helps us to remember when Daylight Saving Time marches ahead. "Fall behind" is another axiom that helps us to remind when Daylight Savings Time retreats toward autumn and winter months.

"Losing an hour's sleep means that getting up in the morning is often a matter of mind over mattress. Gaining an hour of daylight, in an evening, is always a matter of enjoying hours of extended twilight," says me.

Some may feel that our "Spring forward" has sprung. Winter weighed in. Our bounce-per-ounce of energy was totally depleted during this extra Leap Year day plunge. Take courage. Springing ahead in Daylight Saving Time happens only once a year. Until fall. Then it's autumn-matic.

#### WE CARE **ABOUT** YOUR NEWS!

The Chicopee Register welcomes submissions of news in or related to Chicopee and its residents. Our "People News," is filled with submitted engagement announcements, wedding announcements, birth announcements, your new baby or news about your 25th or 50th anniversary celebrations. Please e-mail correspondence along with a photo to chicopeeregister@ turley.com or send it to: Chicopee Register, c/o Turley Publications, 24 Water Street, Palmer, MA 01069.

#### Chicopee Register

The *Chicopee Register* is published every Thursday by Turley Publications, Inc., 24 Water St., Palmer, Mass. 01069. Telephone (413) 283-8393, Fax (413) 289-1977.

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Chicopee Register

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#### LETTER TO THE EDITOR

#### Unintended climate experiment

To the editor:

The coronavirus has prompted an economic slowdown which, in turn, has had a dramatic decline in pollution levels over China. NASA has recorded falling levels of nitrogen dioxide partly due to diminishing factory activity in China as manufacturers stop work in an attempt to contain the virus.

A worldwide reduction in travel has also contributed in making a noticeable improve-

Letters to the Editor

Letters to the editor should be 250

words or less in length. No unsigned or

anonymous opinions will be published.

We require letter writers to include his

or her town of residence and home tele-

phone number. We must authenticate

authorship prior to publication. We re-

serve the right to edit or withhold any

submissions deemed to be libelous or

contain unsubstantiated allegations, per-

ment in the Earth's atmosphere. We should not bank on a pandemic to curb our climate ( but instead to lean more heavily on computer technology such as "video conferencing" and "Internet in Relay Chat" to do business.

The proof is in the pudding – as the saying goes – human activity is largely responsible for Earth's destruction.

> **Bill Paul** Chicopee

#### sonal attacks, defamation of character and offensive language. All unknown or

the author need to cite credible, unbiased sources. Send letters to: The Chicopee Regis-24 Water Street, Palmer, MA 01069

alleged facts and quotations offered by

or email chicopeeregister@turley.com.

The deadline for submissions is Friday at noon.



#### **FOR ADVERTISING**

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# COMMUNITY CALENDAR

This calendar is intended to promote free events in Chicopee or events directly benefiting a Chicopee-based nonprofit organization. To place an event on the calendar, email the listing with date, time, place, organization hosting and a brief description of what will be happening to chicopeeregister@turley.com.

#### **SAVE THE DATE**

#### FRIDAY, MARCH 6

SHINING STARS GALA. The Greater Chicopee Chamber of Commerce will hold its 35th anniversary Shining Stars Awards Gala Friday, March 6 at 6 p.m. at the Castle of Knights, 1599 Memorial Drive. All are welcome to celebrate the 2020 recipients, which are Business of the Year: Caolo & Bieniek Associates, Citizen of the Year: Ruth Willemain of Harmony House of Western Mass., Nonprofit of the Year: Roca, and Volunteer of the Year: Youssef Fadel.

Cocktail hour begins at 6 p.m. followed by the program and awards at 7:30 p.m.

#### SATURDAY, MARCH 14

TEACUP RAFFLE. St. Stanislaus School announced a Silent Auction and Teacup Raffle to take place Saturday, March 14 from 5 to 8 p.m. at the school, 534 Front St. Admission is \$5 and free for children younger than 4-yearsold. For more information, call the school at 592-5135.

#### SATURDAY, MAY 30

RECYCLING AND CAN DRIVE. The St. Stanislaus School Student Council will hold an Electronics Recycling and Can and Bottle Drive Saturday, May 30 from 8 a.m. to noon at the school, 534 Front St. Folks may deliver their small electronic devices and appliances (no large appliances accepted) as well as redeemable bottles and cans as part of a collection. For more information, call the school at 592-5135.

#### **POFTRY**

#### *WRITE RIGHT?*

By Marge Jesberger Chicopee

I consider myself a poet, Trouble is "editors don't know it." Whenever I felt like writing prose, My trusty computer jammed, then froze.

Nothing rhymed with the word "bonanza" So I had to start a brand new stanza. The entire idea made no sense, Why did I ever change the tense?

What line is synonymous With author anonymous? Did inspiration strike too late Or did my meter syncopate?

Finally, it was coming together. Perhaps, I'll have it bound in leather? Edgar Alan Poe is my is my idol, If only he could pen my title!

My anxiety will surely cease, Once I complete this masterpiece. Okay, I'll forsake alliteration, Forget my dreams of publication.

I hoped my verse would be accepted. Instead, it read, "poem-rejected. I guess that I will take the hint. Oh wait, "is that my name in Print?"



#### SUNDAY, MAY 31

ANNUAL GOLF OUTING. The 25th annual St. Stanislaus School Golf Outing will tee-off Sunday, May 31 at the Chicopee Country Club. Golf begins with lunch and registration at 11:45 a.m. For more information and registration forms, contact Cheryl Pereira at cpereira@ saintstansschool.org or Kasia Manning at kmanning@ saintstansschool.org.

#### **ONGOING**

AMERICAN BOSCH SENIOR TRAVEL CLUB meets every third Wednesday at 10 a.m. at the American Legion Post 452, 37 Exchange St. All are welcome.

AMVETS12 offers dinners twice a month at the AMVETS Post 12, 754 Montgomery St. The second Thursday of each month features a prime rib dinner served from 4 to 6 p.m. Tickets, at a cost of \$13, are required. The third Thursday of the month is a spaghetti dinner from 4 to 6:30 p.m. Tickets are not required, but cost is \$5. Post membership is not required. For more information, call the post at 413-588-8060. No spaghetti dinners will be served in August.

BUILDING BRIDGES VETERANS INITIATIVE offers a free weekly luncheon for veterans at the Chicopee Lodge of Elks, 431 Granby Road, from noon to 1:30 p.m. All veterans are welcome.

CHICOPEE DEPARTMENT OF VETERANS SERVICES is compiling a list of Purple Heart recipients connected to the city of Chicopee. Those who have received the medal or who know someone who has are encouraged to contact the Department of Veterans Services at 413-594-3470.

CHICOPEE FALLS WOMAN'S CLUB meets every third Thursday of the month (except June, July and August) at 11 a.m. at American Legion Post 452, 37 Exchange St. Come join us with our charity endeavors.

CHICOPEE VILLAGE offers drop-in story times each Friday from 1:30 to 2:30 p.m. in the Community Room at the facility located at 68 Eastern Drive. Each week features an activity and free snacks for children ages 5 and under. For more information, call Maritza at 413-536-0363 ext. 5643.

HOLYOKE-CHICOPEE FAMILY & COMMUNI-TY PROGRAM invites folks to a free parent social every Thursday from 10 to 11:30 a.m. at the WIC office, 35 Mt. Carmel Ave. in Chicopee.

The "Baby and Me" program is suitable for those with children ages newborn to 2-years-old, with opportunities for reading, learning and play time. Ages and stages questionnaires and child development information will be available to parents weekly.

For more information or to register, call Maritza at 413-536-0363 ext. 5643.

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### **Golf tourney** returns in June, seeks sponsors

CHICOPEE — Lorraine's Soup Kitchen & Pantry will hold the annual 2020 Golf Tournament on Wednesday, June 10.

The event starts at 10 a.m. at 1290 Burnett Road. There are five levels of sponsorship packages available ranging from \$250 to \$4,000. The deadline for major sponsors is May 15 and tee sponsors is May 22. For more information about the event or sponsorship, contact Ruben Reyes at ruben@lorrainessoupkitchen.com.



413.427.4130 Mike.Parker@ NEMoves.com

# Mike Parker Realtor

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Application Deadline In-Person or Post-Mark: 4/30/2020 at 4:00PM to:

Holyoke Farms 87 Farnum Drive Holyoke, MA 01040

For more information or if you or a family member has a disability or limited English proficiency, and as a result need assistance completing the application and/or require any assistance during the application process, please call 413-534-3413 | Relay 711.

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Only applicants who meet income eligibility requirements will be entered into the lottery. Preference will be given to households who require the features of the accessibility units.

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#### TWO INFORMATIONAL SESSIONS:

Holyoke Public Library Community Room 250 Chestnut Street, Holyoke, MA 01040 Tuesday, 3/24/20 @ 6:00pm Saturday, 4/11/20 @ 2:30pm

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# DOTTS

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**BOYS BASKETBALL** 

# Pacers punch ticket back to Western Mass. D2 final

**By Tim Peterson** 

Sports Correspondent SPRINGFIELD—For the second time in the past three years, the Quabbin and Chicopee boys' basketball teams crossed paths in the Western Massachusetts Division 2 tour-

The top-seeded Chicopee Pacers advanced into the Western Mass. championship game for the second consecutive year by defeating the fourth-seeded Panthers, 53-39, in a semifinal played at Western New England University on March 4.

"Chicopee is a very good basketball team, and they're the number one seed for a reason," Quabbin coach Dennis Dextradeur said. "We stayed close, but just couldn't get over the hump against a fantastic team with great athleticism."

The Pacers (17-4), who played their first game since Feb. 19, were scheduled to face third-seeded Taconic in the Western Mass. finals at historic Curry Hicks Cage located on the UMass Amherst campus on March 7. They lost to the Braves in last year's finals.

"It feels great to be going back to the finals again," said Chicopee head coach Steve Menard. "We did some really good things in tonight's game, but there are a couple of things

See PACERS page 9



**ROAD RACE** 

# St. Patrick's Road Race set for next weekend

By Gregory A. Scibelli gscibelli@turley.com

HOLYOKE – The weather is trending upward and people from far and wide are heading to the St. Patrick's Road Race set for downtown Holyoke on Saturday, March 21 with the main race kicking off at 1 p.m.

More than 6,000 runners and walkers took part in last year's road race, with Louis Serafini of Somerville winning the overall race at 29:37. A local from South Hadley, Danielle Winslow, completed the race at 35:43 and was the top female in

The weather has continued to be milder than normal for the year, and the trend could continue be as the racers have been practicing in weather ranging from 45 to 70 degrees as of March 9. The early forecasts for race day are calling for temperature in and around 60 degrees and possible rain showers.

Many racers that have taken part in the event in the past have said the somewhat colder temperatures are supposed to help with running.

The 10K Road Race is set p.m. at Maple and Lyman Streets and continuing through some hilly streets in downtown Holyoke.

The race is the second major race that takes place in 2020, following the 10-mile race in Amherst that starts the season for many avid runners.

In this race, the top prize is \$1,000 for the male and female winners. There is also a \$1,000 bonus prize up for grabs if the

See RACE page 9



PHOTO BY GREGORY A. SCIBELLI

Racers step off in the 2019 St. Patrick's Road Race.

#### **GIRLS BASKETBALL**

# Pacers fall in semifinals

stopped cold in a 45-27 loss to No. 2 Minnechaug Regional at Western New



PHOTOS BY DAVID HENRY WWW.SWEETDOGPHOTOS.COM Nicole Rodriguez attempts to block a shot.

SPRINGFIELD - Last Monday England University. It was the second night, Chicopee's potent offense was straight playoff appearance for Chicopee, which graduates just one senior and will return most of its lineup next year.



Ella Florence goes for the three-pointer.



Averie Gatzounas surveys the paint looking for a shot.



Yami Matos tries to overcome a block for a score.

Page 8 | March 12, 2020 **Chicopee Register** 

# **Valley Wheel Baseball looking** for new players for 2020 season

REGION – The Valley Wheel Over-30 Baseball League is seeking new players for the upcoming 2020 season, which is set to begin near the end of April. The league is seeking players ages 28 and up. Players turning 28 this year are eligible. However, only players 30 and older can pitch. The league plays 15 regular season games with games being held mostly on Sundays with a couple of weekday games thrown in the mix as well as a special Mother's Day Saturday game in early

May. The league is built on comradery, fair play, and having a good time with friends. If interested in trying out, go to www.valleywheelbaseball.com. The rules of the league and new player forms can be found on the site. For further information, you can contact the league's commissioner, Jim Nason at wheel12@comcast.net or call him at (413) 433-4308. Tryouts will be taking place in the early weeks of April, weather permitting, with a draft following the tryouts.

#### **PACERS** from page 8

we'll need to fix."

The Pacers also defeated Quabbin in the 2018 quarterfinals by twenty points.

Chicopee senior Kobe Parker suffered an ACL injury in that contest. He returned to the starting line-up against the Panthers in this year's semifinals after having an appendix surgery. He missed the final three games of the regular season.

Parker, who's the newest member of the 1,000-point club, finished with 14 points in the semifinal win. It included a slam dunk following a missed lay-up in the middle of the first quarter.

'Kobe played a great game tonight and I'm never worry about him," Menard said. "He's one of those players, who comes to practice early and he's the last player to leave. Basketball is very important to him and it's been a pleasure to coach him the past four years.

Leading the way offensively for the Pacers was junior Diamian Ocasio, who scored 14 of his game-high 22 points in the first half.

The Panthers, who completed their outstanding season with a 16-6 overall record, began the 2020 postseason tournament by dispatching fifth-seeded Tantasqua, 52-47, at home in the quarterfinals. They failed to qualify for the Western Mass. tournament a year ago.

"We sat out during the playoffs last year after not qualifying, and these kids had the expectations to make it this year," Dextradeur added. "They came back, played for their teammates and proved they could do it."

Prior to this season, Quabbin, which is a Regional High School located in Barre, had gone 1-5 in the Western Mass Division 2 tournament since 2014. The Panthers were hoping to advance into the championship game for the first time since losing to St. Bernard's of Fitchburg in the 2012 Central Mass. Division 2 finals. The only two times that the Panthers have taken home the championship trophy were in 1995 and 1999.

The Chicopee head coach made a couple scouting trips to Barre this winter.

"I've made the trip up to Quabbin a couple of times during the regular season," he said. "They're a very good basketball team and I'm very happy to be moving on."

The four Quabbin seniors, who played in their final high school basketball game against Chicopee, are Tyler Chamberlain, Dylan Hoekstra, Croix Jenkins, and Robert Leroux.

'We're losing four great seniors, were our leaders this year," Dextradeur said. "We'll have a few returning players and they got a taste of what it's like to play in the semifinals."

Jenkins, who has been a starter on the Panthers varsity basketball team since he was a freshman, has committed to play college baseball next year at New Jersey Institute of Technology (NJIT), which competes at the Division 1 level.

Ocasio scored 10 of his points during



Darrian DeJesus keeps the dribble away from his opponent.



Kobe Parker lines up his free throw.

the first quarter of the semifinal game, which helped the Pacers build a 16-4 lead.

Senior Tah-Rhelle Bennefield hit a foul-line jumper during the first eight minutes of the contest. Parker scored the Pacers other four points in the quarter, including his crowd-pleasing dunk.

The dunk by Kobe got our players and our fans very excited," Menard said. "It was a great way to start the game."

Quabbin junior Shea Skowyra, who led the Panthers with 12 points, scored his team's first eight points of the contest on four inside hoops. Sophomore Connor Geary also reached double figures for the Panthers with 10 points.

The Pacers, who held a 12-point lead at the end of the first quarter, held a 29-17 halftime advantage.

"We've always been down at halftime all year long, but they (Chicopee) wouldn't let us back in the game," Dextradeur said. "That's why they're a good team."

The Panthers managed to stay within striking distance during the third quarter, but they couldn't get their deficit under 12 points.

The Pacers were able to keep the double-digit lead throughout the entire fourth quarter and they made another trip to the Cage a couple of days later.

Find us online: www.sports.turley.com

### Sign-ups ongoing for Quabbin League

REGION - The Quabbin Valley Over-30 Baseball League is seeking new players for 2020 season. The league has six teams, several with open roster spots. Last year, the league voted to allow players age 28 and 29 to be able to join the league, though players under 30 are not eligible to pitch. The cost of the league this season is \$192. For players new to the league, there will be a workout held in early April prior to the league's annual draft. Players

will have an opportunity to showcase their skills before being selected to a team for the season. The season is 15 regular season games plus at least one playoff game. Games are nine innings and metal (BB-COR -3) or wood bats are allowed. Fields locations are throughout Western Mass. For more information on the league, or if you are interested in registering, go to https://www.quabbinvalleybaseball.org/. The league is also in Facebook.



Top racers for last year's St. Patrick's Day Road Race warm up right before race time.

#### **RACE** from page 8

course record is broken. There has not been a record-breaking in several years.

The race will also feature the kids race and a two-mile walk. The kids race will be started by the area colleens and

The Holyoke Grand Colleen and her court will greet the winner of the main

Race Organizer Brian Donoghue anticipates as many as 1,000 children will take part in this year's race thanks to the better weather. Cookies and juice are provided for child participants.

Donoghue said there will be a heavy police presence and security cameras monitoring the area.

For more information or to sign up for the race, go to www.holyokestpatricksroadrace.org.

Signups are still ongoing for the race and many different types of people take part in the race, whether it be for competition, charity, a challenge, or just for fun.

Families also make it an event, such as the case for Steve and Sam Gawron of South Hadley, who will run in the race to-

Others, like Griffin's Friends, a group locally that supports children with cancer, round up several harriers and raise money for their cause.

Running groups, like the Western Mass Distance Project, will push each other in the race. Winslow, last year's female winner, is a member of that group.

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#### NOTICE OF SALE

By Ma. Gen Laws c.255. 39A, CHUCK'S Sec. TOWING, 78 West St., Chicopee, MA is holding a private sale for a vehicle April 2, 2020 at 2:00 PM to satisfy garage keepers lien for storage and towing charges and expenses of notices of sale.

1999 Honda Accord VIN# 1HGCG3159XA027305 Owner: Jonathan Mejias Date of Tow: 7-15-19 3/12, 3/19, 3/26/2020

#### SALE OF MOTOR VEHICLES UNDER G.L. c.255 Sec. 39A

Notice is hereby given by Interstate Towing, Inc. pursuant to the provisions of G.L. c. 255, section 39A. that on March 20, 2020 at Interstate Towing, Inc the following Motor Vehicles will be sold at private sale to satisfy our garage keeper's lien thereon for storage, towing charges, care and expenses of notices and sale of said vehicles. .

#### 2007 KAUFMAN 50' TRAILER

VIN: 15XFW50317L002390 Heredia Trucking 700 Franklin St Worcester, MA 01604

2008 SUBARU OUTBACK VIN: 4S4BP62C087356834 Willie A Bynumbrown 336L Main St Springfield, MA 01105

#### 2009 CHEVROLET AVEO VIN: KL1TD56E69B639798 James Lewis & Jason Lewman

455 Newton St South Hadley, MA 01075

#### 2009 NISSAN MURANO VIN: JN8AZ18W99W100816 Jessenia Santiago 28 Nathaniel St

Springfield, MA 2010 FORD FUSION SE VIN: 3FAHP0HA3AR361791 Jessica Trotter 121 Seymour St

#### Pittsfield, MA 01021 2016 HONDA CIVIC LX VIN: 2HGFC4B03GH302413 Angel Luis Sanchez Arroyo 45 Meetinghouse Rd

Chicopee, MA 01013 3/05, 3/12, 3/19/2020

#### CHICOPEE CITY **COUNCIL ZONING** COMMITTEE LEGAL NOTICE

The Zoning Committee of the Chicopee City Council will hold a public hearing Wednesday, March 25, 2020 at 6:30 PM in the Council Chambers, 4th floor, City Hall Annex, 274 Front Street. Chicopee, MA 01013 to discuss the following:

Special Permit application under 275-52 for the purpose of buying only two cars, fix them and then resell the cars. Would like to hold the cars in two car garage at the house located at 101 Angela Dr. Applicant - Velma Johnson & Akeem Pitter, 101 Angela Dr., Chicopee, MA 01020.

Information - Office of the City Council (413) 594-1435. 3/05, 3/12/2020

#### Notice

The Massachusetts **State Lottery Commission** (MSLC) has received a **KENO** License application

#### **Buffalo Wild Wings** 480 Memorial Drive Chicopee, MA

Estimated weekly traffic: (number of people): 500

Current No. of Cashier positions selling Lottery products: 0

Percentage of floor space currently devoted to Lottery sales: 0%

Percentage of floor space for KENO sales: 5%

Estimated annual gross revenues of current Lottery products: \$0

Estimated percentage of gross revenues from sales of Lottery products: 7%

Estimated net income to be derived by sales of KENO products at this location: \$6,000

Written objection to the application, by the Local Licensing Authority, must be received by Gregory Polin, General Counsel, Legal Department, Massachusetts State Lottery, 150 Mount Vernon St., Dorchester, MA 02125 - 3573. 3/12/2020

#### NOTICE OF SALE

By Ma. Gen Laws c.255, Sec. 39A, CHUCK'S TOWING, 78 West St., Chicopee, MA is holding a private sale for a vehicle March 11, 2020 at 2:00 PM to satisfy garage keepers lien for storage and towing charges and expenses of notices of sale.

1992 Honda Accord VIN: 1HGCB7679NA198875 Owner: Maria Rivera

Date of Tow: 5-31-19 2014 Chrysler 200 VIN:1C3CCBAB7EN142005 Owner: David Sample

Date of Tow: 6-18-19 2/27, 03/05, 03/12/2020

Commonwealth of Massachusetts The Trial Court **Hampden Probate and Family Court** 50 State Street Springfield, MA 01103 (413)748-7758 Docket No. HD20C0083CA **David Michael Deguise III** CITATION ON PETITION TO CHANGE NAME

A Petition to Change Name of Minor has been filed by David Michael Deguise III of Chicopee, MA requesting that the court enter a Decree changing their name

#### **David Michael Kaafi** IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Hampden Probate and Family Court before 10:00 a.m. on the return day of 04/01/2020.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Barbara M Hyland, First Justice of this

Court Date: March 04, 2020

Suzanne T. Seguin Register of Probate

3/12/2020

Commonwealth of Massachusetts The Trial Court **Probate and Family Court Hampden Division 50 State Street** Springfield, MA 01103 (413)748-8600 Docket No. HD20P0414EA Estate of:

Wilfred R. Delude Also Known As: Wilfred Raymond Delude or Wilfred Delude Date of Death: 01/06/20 INFORMAL PROBATE **PUBLICATION NOTICE** 

To all persons interested in the above captioned estate, by Petition of Petitioner Kenneth Delude of Hadley, MA a Will has been admitted to informal probate.

Kenneth Delude of Hadley, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner. 3/12/2020

Commonwealth of Massachusetts The Trial Court

**Hampden Probate and Family Court 50 State Street** Springfield, MA 01103 (413)748-7758

In the matter of: Laura Isabelle Lak aka Laura Isabelle Dzieciolonski CITATION ON PETITION TO CHANGE NAME

Docket No. HD20C0071CA

A Petition to Change Name of Adult has been filed by Laura Isabelle Lak aka Laura Isabelle Dzieciolonski of Chicopee, MA requesting that the court enter a Decree changing their name to:

#### Isabelle Laura Lak

IMPORTANT NOTICE Any person may appear for purposes of objecting to the petition by filing an appearance at: Hampden Probate and Family Court before 10:00 a.m. on the return day of 03/30/2020.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceed-

witness, Hon. Barbara M Hyland, First Justice of this Court.

Date: March 02, 2020

Suzanne T. Seguin Register of Probate

3/12/2020 Commonwealth of

Massachusetts **The Trial Court** Hampden Probate and **Family Court** 50 State Street Springfield, MA 01103

(413)748-7758 Docket No. HD20P0307EA

Estate of: Jeffrey John Lane Also known as: Jeffrey J Lane Date of Death: 08/15/2018 **CITATION ON** PETITION FOR **FORMAL** 

ADJUDICATION To all interested persons: A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Cheryl E Lane of Chicopee, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Cheryl E Lane of Chicopee, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised adminis-

#### IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the

return day of 03/30/2020.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION **UNDER THE** MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Barbara M Hyland, First Justice of this Court. Date: March 02, 2020

Suzanne T. Seguin Register of Probate 3/12/2020

Commonwealth of Massachusetts The Trial Court **Hampden Probate and Family Court 50 State Street** Springfield, MA 01103 (413)748-7758 Docket No. HD20C0075CA In the matter of: Jamie Marie Taylor A.K.A. Jamie Marie Sharpe CITATION ON PETITION TO CHANGE NAME

A Petition to Change Name of Adult has been filed by Jamie Marie Taylor A.K.A. Jamie Marie Sharpe of Chicopee, MA requesting that the court enter a Decree changing their name to:

#### Jamie Sharpe Taylor IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Hampden Probate and Family Court before 10:00 a.m. on the return day of 03/30/2020.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceed-

. WITNESS, Hon, **Barbara** M Hyland, First Justice of this Court.

Date: March 02, 2020

Suzanne T. Seguin Register of Probate

3/12/2020

M.D.P.U. No. 111 Effective Billing: April 1, 2020 CITY OF CHICOPEE, MASSACHUSETTS **Municipal Lighting Plant** SECURITY AND CONTRACT LIGHTING

Designation Security and Contract Lighting Available Applicable

In Chicopee, Massachusetts This rate tariff applicable to general area land security lighting for all customers.

Monthly Charge Fixture Type **Monthly Charge HPS Fixture** 100W Cobra Head \$10.00 250W Cobra Head \$14.00 250W Floodlight \$15.00 400W Cobra Head \$22.00 400W Floodlight \$22.00 **Metal Halide Fixture** \$15.00 250W Cobra Head 250W Floodlight \$16.00 320W Floodlight \$19.00 400W Cobra Head \$23.00 400W Floodlight \$23.00 1000W Floodlight \$36.00 \$1.00 **Wood Pole LED Fixture 48W LED Cobra** \$ 8.50 \$12.00 129W LED Cobra 177W LED Cobra \$16.00 96W LED Floodlight \$13.00 146W LED Floodlight \$14.00 196W LED Floodlight \$18.00 297W LED Floodlight \$28.00

General Terms and Conditions: A \$325.00 per pole charge will be added upfront for each required pole installation. Minimum contract is for two (2) years' service. Contract agreement must be signed prior to installation. Service hereunder is subject to the General Terms and Conditions which are incorporated as a part of this rate.

March 3, 2020

CITY OF CHICOPEE MUNICIPAL LIGHTING PLANT 725 Front Street

Chicopee, Massachusetts 01020 (413) 598-8311 http://www.celd.com 3/12/2020

# **Since 1985 Family Owned** Visit TJBarkMulch.com for Coupons 18 Different All Organic Double Ground Premium Mulches Pine • Spruce • Hemlock • Cedar • Red, Black & Brown Playground • Forest Blend • Topsoil • Seasoned Firewood Firewood **Now Carrying Decorative Stone**

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## PUBLIC NOTICES **ARE NOW ONLINE**

Email all notices to notices@turley.com

Access archives and digital tear sheets by newspaper title.

Find a quick link to the state of Massachusetts' public notice web site to search all notices in Massachusetts newspapers.

Public notice deadlines are Mondays at noon, Fridays noon for Monday holidays.

visit www.publicnotices.turley.com

Please check the accuracy of vour legal notice prior to submission (i.e., date, time, spelling). Also, be sure the requested publication date coincides with the purpose of the notice, or as the law demands. Thank you.



# **Umass baseball clinics offered**

Reynolds Baseball Clinics @ Earl Lorden Field on the Campus of UMass – Registration opens soon!

Baseball clinics at UMass, operated by Head Baseball Coach Matt Reynolds and the coaching staff of UMass, are a great way to learn and develop your baseball skills this summer!

Our first summer clinic is a 2-day youth clinic designed for players on the little league diamond (9am-4pm, each day, ages 8-12). This clinic is a blend of skills development and games. Also included is lunch each day in one of UMass' #1 nationally rated dining halls! This is true UMass experience designed to be both educational and fun!

Our High School aged clinic is a 1-day

event designed to be a blend of skill development and an opportunity to showcase one's skills in front of the entire staff at UMass. This event features instructional and showcase sessions in the morning and a live game in the afternoon. Like our youth clinic, lunch on campus is included at no additional charge!

Look for registration soon at http://collegebaseballcamps.com/minuteman/

Please check out the additional camp/ clinic offerings throughout the year as well!

Reynolds Baseball can also offer customized experiences for youth teams, leagues and organizations. Please inquire at reynolds@umass.edu

# Belchertown Kidz Club

Belchertown Kidz Club is partnering with community and families to build our children's futures. Creative hands on approaches and personalized support help shape the development of all of our unique learners from Preschool through 6th grade. Come grow, learn, and play with us!

4 Stadler Street • 413-323-5439 • Belchertownkidzclub@gmail.com









The Arbors Camp is gearing up for another season in the sun. From exploring nature and science to playing sports and games and creating art and music, The Arbors Camp gives kids amazing opportunities to learn, play and create. Summer camp is an unforgettable experience that is the beginning of many lifelong friendships. Start getting excited now.

The Arbors Camps in Chicopee and East Longmeadow are open to kids ages 5-12. Visit arborskids.com for more information.



HOLYOKE PEDIATRIC
ASSOCIATES

150 Lower Westfield Rd, Holyoke 84 Willimansett St, South Hadley

# ACCEPTING NEW PATIENT

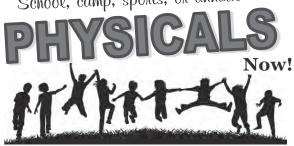
Call Us Today 413-536-2393

Introducing our newest physician-Dr. Kristin Lynch

Book your child's

School, camp, sports, or annual





Children need physicals going into K, 4th, 7th & 10th grades.

- Pre-natal visits
   Newborns to age 21
   Lactation Services
   Annual physicals
   Sports physicals
   Behavioral Health Services
   On-site Baystate Reference Lab in the Holyoke office
  - Most insurances accepted
     Open weekends & holidays!

www.holyokepediatrics.com



CAPEN HILL NATURE SANCTUARY SCIENCE and **NATURE PROGRAM** LOCATED AT 56 CAPEN ROAD, CHARLTON, MA

4 ONE WEEK SESSIONS STARTING July 13th / AGES 5-12

Now Offering

For Ages 13-15

Four Themed Weeks **Starting July 13th** 

VISIT WWW.CAPENHILL.ORG. SAVE TIME and REGISTER

ON LINE!

#### GET BACK TO NATURE

Capen Hill is an 86-acre sanctuary with trails open from dawn until dusk, and a visitor center that houses a library, mineral collection, animal residents, and a gift shop. Dedicated to Preservation and Environmental Education **Belchertown Day School** 

Are you looking for a fun filled way for your child to make lasting friendships this summer? Do you need quality childcare at an affordable price? Is your child looking to broaden their horizons and try new things? Are you looking for an enriching learning experience for your child? Belchertown Summer Fun, a school age program run by Belchertown Day School, has something for everyone!

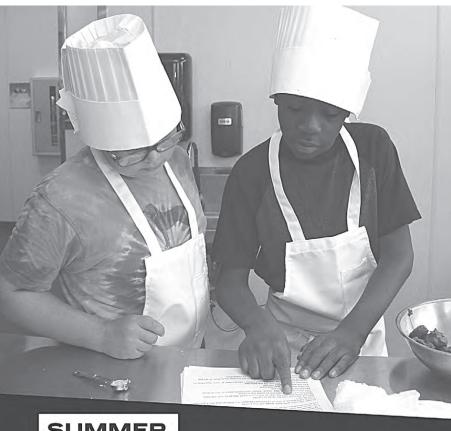
Children will participate in weekly sports, swimming, crafts, drama, science, cooking, water play and nature activities. Exciting field trips and special visitors will also be offered throughout the summer. Each week will have its own unique theme, such as Shark Week, The Great Outdoors, Magical Creatures and Escape the Heat! Fridays are extra special dress-up days with lots of fun activities.

Children will have the opportunity to try everything at our program, and then get to pick specific interests to build skills on a daily basis. There's something for everyone at Belchertown Summer Fun!

Care is offered from 7:00am until 5:30pm daily. Schedules are flexible. Call Belchertown Day School at (413) 323-8108 for more information.

Join us to make an ordinary summer extraordi-





SUMMER

**FUN FOR** 

**KIDS AND** 

TEENS!

**PROGRAMS** INCLUDE:

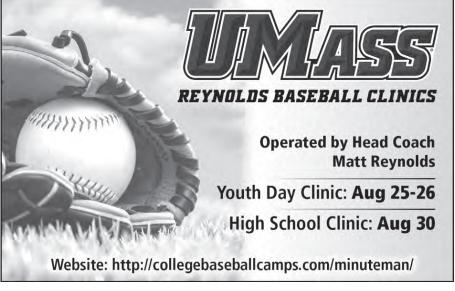
Drone adventures Video Game Design Cooking & Baking Wilderness Survival Basketball/Soccer/Fencing

6/29 - 7/31

Space is limited. Register today!

visit hcc.edu/summer to learn more

HOLYOKE COMMUNITY COLLEGE





Girls Basketball

June 29th – July 3rd

Soccer

June 29th – July 3rd

Boys Basketball

July 13th – July 16th

 Baseball Softball

July 20th – July 23rd July 27th – July 30th

Camp information and registration can be found at the following address:

#### www.aicyellowjacketcamps.com

You can schedule an appointment with me, Nicki Callini, online anytime!

- 1. Log in to aic.edu/connect
- 2. Search for my name in the search bar & select me
- 3. Select SCHEDULE APPOINTMENT & book your appointment

**Chicopee Register** Page 12 | March 12, 2020





#### Greene Acres Equestrian Center LLC. **SUMMER CAMPS**

July 6 - July 10 July 27 - Juy 31 August 17 - August 21

9am - 3pm (lunch not provided)

Basic Horse Care, Daily Riding, English & Western, Ages 5 & up

Call to Register (413) 813-9291 53 Ware Road, Belchertown Email: Amanda.greeneacres@gmail.com

# Polish Alliance Youth Camp, Inc.

22 Paul St., Bondsville, Massachusetts

A non-profit overnight co-ed camp for ages 6-15



Session 1: July 12-18, 2020 Session 2: July 19-25, 2020



Call for info: 413-592-0227 email: campstanicapna@yahoo.com www.campstanica.com

# amp Marshall

Day & Overnight Options for Traditional & Horse Camp Ages 7-16 Cloverbud Day Camp Ages 4-6 • Leadership Programs Mini-Camp Program • Fun Theme Weeks

Join us for a fun, hands-on outdoor summer experience! Make friends & memories that last a lifetime!

Financial Aid Available! Visit us online for Rates, Dates & Registration www.CampMarshall.net • 508-885-4891 • 92 McCormick Road, Spencer, MA 01562

### **Summer Camp**

Gorse Children's Center Summer Explorations--Preschool & School Age (K-3rd) Summer Programs. Open House April 8, 3:30-5:30. Gorse Children's Center, 27 Morgan Street, South Hadley, 413-538-3351, gorse@brighthorizons.com.

#### **Adventures Await You** This Summer at Bement!

A Traditional Day Camp Experience for Boys and Girls ages 4 to 15 years From Bement's beautiful campus in Historic Deerfield

#### **Bement Adventure Camp**

Session 1: July 6 - July 17 • Session 2: July 20 - July 31

Digging into Nature at Pine Hill Week 1: June 15-19 • Week 2: June 22-26 Week 3: August 3-7



Please visit our website for more information & to register www.bement.org/summer Questions? 413.774.7061

PLUS: New Robotics Program (grades 5-8)



Belchertown Day School presents

#### BELCHERTOWN **SUMMER FUN**

Children are our top priority!



PRICING! As low as \$29/day.

School Age Summer Program for children who have completed K-6th grade.

#### **Full Day Camp Includes:**

Swimming, Field Trips, Sports, Nature Exploration, Arts & Crafts, Weekly Themes. Flexible Scheduling Available

For more information, visit

www.belchertowndayschool.ora (413) 323-8108 and/or email Heidi@belchertowndayschool.org

#### See how curious children become eager students.



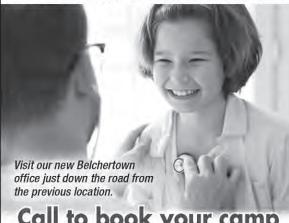
#### The Gorse Children's Center is Now Enrolling!

- Infant Toddler Preschool
- Pre-Kindergarten
- Before & After-School Program (K-3rd) Summer Explorations: Fabulous Field Trips, Outrageous Outdoor Activities, Science Rocks, Art Smart, Water Play, Fun & Games!
- Full & part-day programs
- Flexible scheduling Academic & full
- vear calendars

#### The Gorse Children's Center at Mount Holyoke College

27 Morgan Street, South Hadley, MA 413-538-3351

gorse@brighthorizons.com www.brighthorizons.com/gorse **Bright Horizons**.



### Call to book your camp physicals today!



Gary J. Nielan, M.D. Francesca M. Bajaj, M.D. Thirza C. Lareau, M.D. Amy C. Kasper, M.D. Kimberly A. Dewey, M.D. Kimberly J. Martins, M.D. Priya S. Malik, M.D. Deanna Tocco, M.D. Jonathan Rosenstein, M.D. Rebecca Gurney, C.N.P.

2 Convenient Locations!

2207 Boston Road, Wilbraham 35 Turkey Hill Road, Suite 5, Belchertown (413) 599-1201 • Fax: (413) 323-1145

www.pamcares.com

# HAMPSHIRE GYMNASTICS

#### SUMMER MORNING PROGRAM

Fun for Girls & Boys 4-10 years old Monday-Friday 9 am - 1 pm (early drop off available) NOW OFFERING 1 week sessions starting July 6th



Drop your kids off for a morning of non-stop fun! Our program includes gymnastics instruction, arts and crafts, and sliptrampolines, air pit, balance beams, rings and rock wall! Price \$ 200 week. Call our office or go online for more information

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www.hampshiregymnastics.com





#### SUMMER CAMP





#### LUDLOW COMMUNITY CENTER **RANDALL BOYS & GIRLS CLUB**

91 Claudia's Way Ludlow, MA 01056 413-583-2072

Camp Hours: 6:30 am - 5:30PM

June 22<sup>nd</sup> - August 14<sup>th</sup>

Weekly Field Trips For more information, visit:

www.ludlowbgc.org

#### **EARLY BIRD REGISTRATION**

Thursday, April 16<sup>th</sup> & Tuesday, April 28<sup>th</sup> 9:00am - 2:00pm Thursday, April 23<sup>rd</sup> & Monday, May 4<sup>th</sup> 6:00pm - 7:30pm

\$160 per week/per child – Ludlow Resident \$170 per week/per child - Non-resident

No Appointment Necessary/No Additional Discounts

Must pay in Full or Use Auto Debit

#### **General Registration**

Friday, May 15<sup>th</sup> 9:00-2:00PM Wednesday, May 20<sup>th</sup> 6:00-7:30PM Thursday, May 28<sup>th</sup> 6:00-7:30PM

\$180 per week/per child: Ludlow Resident \$190 per week/per child: Non-Resident

\$50 registration fee will be waived with pay in full or auto debit option.

Space is Limited

Must bring a voided check or bank letter for auto debit \*Current immunizations due at the time of registration\*  $Questions?\ Contact: ssantos@ludlowbgc.org\ or\ kmartins@ludlowbgc.org$ 

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Many styles and weaves available. Call
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#### **FIREWOOD**

#### **FIREWOOD**

Fresh cut & split \$160.00 Seasoned cut & split \$200.00 All hardwood. Tree length available \*Also have seasoned softwood for outdoor boilers (Cheap). Quality & volumes **guaranteed!!** New England Forest Products **(413)477-0083** 

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#### **MISCELLANEOUS**

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**DEALING WITH WATER DAM- AGE** requires immediate action. Local professionals that respond immediately. Nationwide and 24/7. No Mold Calls. **1-800-506-3367** 

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**DO YOU HAVE** chronic knee or back pain? If you have insurance, you may qualify for the perfect brace at little to no cost. Get yours today! Call **1-800-217-0504** 

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**STAY IN YOUR HOME** longer with an American Standard Walk-In Bathtub. Receive up to \$1,500 off, including a free toilet, and a lifetime warranty on the tub and installation! Call us at **1-866-945-3783.** 

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MAIL TO: Classifieds, 24 Water St., Palmer, MA 01069

or call toll free: 800-824-6548

#### SERVICES



#### \*\*\*\*\*\* & B HOUSEHOLD REMOVAL SERVICE\*\*\*\*\*\*

Cellars, attics, garages cleaned, yard debris. Barns, sheds, demolished. Swimming pools removed. Cheaper than dumpster fees and we do all the work. Lowest rates. Fully insured. (413)283-6512, cell (413)222-8868.



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acallwehaul@gmail.com

A DUMP TRUCK clearing out attics, cellars, garages, barns, whole house clean-outs, scrap metal. Free estimates. 413-374-5377

**AAA DUMPSTER RENTALS,** 10-30 yd. capacity, house clean-outs. Fully insured. Commercial/ Residential. Free estimates. **413-277-5660** 

**BILODEAU AND SON ROOFING.** Established 1976. New re-roofs and repairs. Gutter cleanings and repairs. Licensed/ insured. Call **(413)967-6679** 

BOB ROBILLARD'S RUBBISH REMOVAL attics, cellars, garages cleaned. Light moving. Gutters Cleaned. Family owned/ operated since 1950 (413)537-5090

**CHAIR SEAT WEAVING** & refinishing - cane, fiber rush & splint - Classroom instructor, 20+ years experience. Call Walt at **(413)289-6670** for estimate.

#### **SERVICES**

# SNOWBLOWER & LAWNMOWER TUNE UP & REPAIR A&M TUNE-UPS Push Lawnmowers, Riding Mowers

and Small Engine Repair.
Work done at your home.

Call Mike (413) 348-7967

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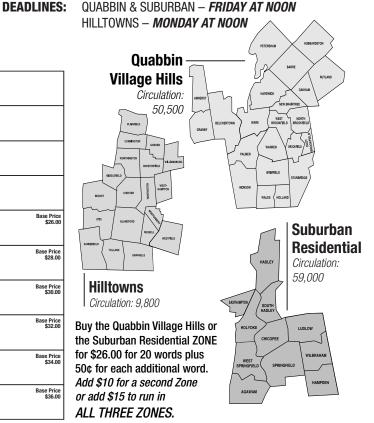
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# A healthy new approach for school lunches citywide

By Dalton Zbierski Staff Writer

As they enter a new decade, Chicopee students are also being introduced to healthier eating options. Across the school district, cafeteria staff members are learning new techniques that will allow them to prepare more nutritional meals for the city's youth.

Sam Icklan, director of Project Bread's Chefs in Schools program, has maintained a steady presence in the district's schools throughout the academic year. Assigned to Chicopee by the Boston-based anti-hunger non-profit organization, Icklan has been tasked with improving the quality of the food that students eat daily.

"Our interest in school meals is that students, par-

ticularly low-income students, are relying on school meals for up to 50 percent of their daily calories; even more sometimes. We want to make sure the nutrition they're getting in school is sound as possible," said Icklan, who has worked in more than 50 school cafeterias over the course of his career.

The Chefs program partners with school districts throughout the state, currently operating in Chicopee, Amherst, Athol-Royalston, Waltham, Salem and Lawrence.

In several of the city's schools, Icklan has provided cafeteria staff with hours of training and a variety of new recipes. Noting that staff members should "feel equipped to feed the students," he complimented them on their



CTAFF DUOTOC DV DALTON ZDIFDE

Brian Dobosz, a Bowie Elementary staff member prepares a meal during the lunch hour. A chef from the organization Project Bread has been assigned to Chicopee Public Schools to introduce healthier eating options to students.

professionalism and willingness to learn.

"We're stationed with the cafeteria staff in the kitchens where they're working. We're doing the work alongside them in real time. We're really interacting a lot and imparting skills and information about the recipes so that the staff can reproduce them even when the chef isn't there," he said.

Chef Sam Icklan prepares lunch for students at Bowie Elementary School. Icklan, from Project Bread, has been assigned to Chicopee Public Schools to introduce healthier eating options to students.

Food Services Director Melanie Wilk has been impressed by Icklan's leadership. She noted that Chicopee hopes to continue its relationship with him and the organization. Wilk also complimented the district's cafeteria staff for being open-minded to the new approach.

"Our staff is really open to trying new things and having the chef come in and having to chop all of their vegetables instead of using pre-canned fruit or frozen vegetables. That's not true in a lot of districts, so I've been really happy that the staff rolls with the punches; they've been great about trying new things," said Wilk.

Greta Shwachman, the district's Farm-to-School program coordinator, believes Icklan has brought new energy into each of the schools that he's visited. Icklan has been successful at garnering the interests of the students, she noted.

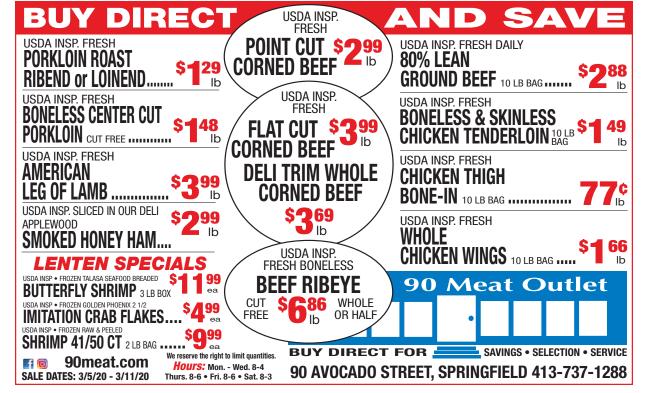
"It's all about trying

things. Any time someone new comes into the cafeteria environment, it's an extra reason for the kids to try their lunch and get their hands on the new thing. Then, the more they try it, the more they like it," said Shwachman.

As for feeding children at home, Wilk recommends that parents maintain patience. She noted that it can take up to 20 times for a child to take a liking to a certain food item.

While one isn't advised to push his or her child too aggressively, or offer candy as a reward, parents are advised to be persistent when introducing children to new, healthy foods.

"Don't stop trying; kids are picky. I'm a dietician and have picky kids myself so I get it," she said. "You just have to keep trying; even if you serve a small portion so the food isn't wasted. As long as they see it and it's on their plate, they will probably try it and like it."



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